

REVIEW OF HARMS OTHER THAN SEXUAL

"SELF"													
COLUMN 3													
COLUMN 4													
AFFECTS MY (Which part of self caused the hurt?)													
What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings													
Social Instinct													
Security Instinct													
Sex Instinct													
Ambitions													
Self-Esteem													
Personal Relationships													
Material													
Emotional													
Acceptable Sex Relations													
Hidden Sex Relations													
Social													
Security													
Sexual													
Ambitions													
Selfish													
Dishonest													
Self-seeking & frightened													
Inconsiderate													

COLUMN 1		COLUMN 2	
#	Who did I hurt?	What did I do?	
1			
2			
3			
4			
5			